

SEMI WEIGHTLIFTING CLUB
RECORDS – WOMEN
(Revised 2010 08 14)

36kg					
S	Koby, K.	SEM	16	Surrey, BRC CAN	2007 02 17
C&J	Koby, K.	SEM	20	Surrey, BRC CAN	2007 01 27
T	Koby, K.	SEM	34	Surrey, BRC CAN	2007 02 17
40kg					
S	Van Ieperen, S.	SEM	12	Surrey, BRC CAN	2008 12 20
C&J	Van Ieperen, S.	SEM	19	Surrey, BRC CAN	2008 12 20
T	Van Ieperen, S.	SEM	31	Surrey, BRC CAN	2008 12 20
44kg					
S	Conroy, E.	BRC	35.0	Courtenay, BRC CAN	1995 02 24
C&J	Conroy, E.	BRC	42.5	Courtenay, BRC CAN	1995 02 24
T	Conroy, E.	BRC	77.5	Courtenay, BRC CAN	1995 02 24
48kg					
S	Rawlinson, J.	BRC	45.0	Franklin Park, ILL USA	1984 12 08
C&J	Rawlinson, J.	BRC	57.5	Terrace, BRC CAN	1986 03 02
T	Rawlinson, J.	BRC	102.5	Terrace, BRC CAN	1986 03 02
53kg					
S	Jang, C.	BRC	55.5	Seattle, WAS USA	2000 01 15
C&J	Jang, C.	SEM	65.0	Kamloops, BRC CAN	2000 04 08
T	Jang, C.	SEM	117.5	Seattle, WAS USA	2000 01 15
58kg					
S	Jang, C.	SEM	55.0	Burnaby, BRC CAN	2000 05 20
C&J	Jang, C.	SEM	70.0	Surrey, BRC CAN	2000 06 24
T	Jang, C.	SEM	125.0	Surrey, BRC CAN	2000 06 24
63kg					
S	Nightingale, J.	BRC	60.0	Surrey, BRC CAN	1996 06 30
C&J	Nightingale, J.	BRC	70.0	Winnipeg, MAN CAN	1996 03 16
T	Nightingale, J.	BRC	130.0	Surrey, BRC CAN	1996 06 30
69kg					
S	Girard, C.	BRC	100	Surrey, BRC CAN	2010 06 27
C&J	Girard, C.	BRC	124	Surrey, BRC CAN	2010 06 27
T	Girard, C.	BRC	224	Surrey, BRC CAN	2010 06 27
75kg					
S	Williams, K.	BRC	91	Winnipeg, MAN CAN	2010 03 27
C&J	Williams, K.	BRC	112	Winnipeg, MAN CAN	2010 03 27
T	Williams, K.	BRC	203	Winnipeg, MAN CAN	2010 03 27
75+kg					
S	Williams, N.	SEM	70.0	Surrey, BRC CAN	2006 11 10
C&J	Eggert, S.	SEM	92.5	Kelowna, BRC CAN	2005 04 02
T	Eggert, S.	SEM	160.0	Surrey, BRC CAN	2005 05 14

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41kg					
S	Klassen, A.	BRC	33.0	Surrey, BRC CAN	2001 10 13
C&J	Klassen, A.	BRC	43.5	Surrey, BRC CAN	2001 10 13
T	Klassen, A.	BRC	75.0	Surrey, BRC CAN	2001 06 30
46kg					
S	Adams, E.	BRC	47.5	Vancouver, BRC CAN	1977 02 19
C&J	Klassen, A.	BRC	60.5	Surrey, BRC CAN	2002 06 29
T	Adams, E.	BRC	105.0	Vancouver, BRC CAN	1977 02 19
51kg					
S	Rigby, J.	BRC	62.5	White Rock, BRC CAN	1984 03 17
C&J	Rigby, J.	BRC	80.0	New Westminster, BRC CAN	1974 02 02
T	Rigby, J.	BRC	140.0	New Westminster, BRC CAN	1974 02 02
56kg					
S	Ready, T.	BRC	82.5	White Rock, BRC CAN	1982 07 03
C&J	Pedersen, B.	BRC	102.5	Winnipeg, MAN CAN	1997 02 15
T	Pedersen, B.	BRC	185.0	Winnipeg, MAN CAN	1997 02 15
62kg					
S	Pedersen, B.	BRC	95.0	La Prairie, QUE CAN	1998 12 05
C&J	Pedersen, B.	BRC	115.0	La Prairie, QUE CAN	1998 12 05
T	Pedersen, B.	BRC	210.0	La Prairie, QUE CAN	1998 12 05
69kg					
S	Mussell, F.	BRC	100.0	Kamloops, BRC CAN	1979 03 03
C&J	Mussell, F.	BRC	125.0	New Westminster, BRC CAN	1978 12 09
T	Mussell, F.	BRC	222.5	New Westminster, BRC CAN	1979 03 31
77kg					
S	Bailey, W.M.	SEM	120	St. Hyacinthe, QUE CAN	2008 12 20
C&J	Bailey, W.M.	SEM	153	Sherbrook, QUE CAN	2008 03 29
T	Bailey, W.M.	SEM	269	La Prairie, QUE CAN	2008 05 17
85kg					
S	McDonald, M.	SEM	125.0	Regina, SAS CAN	1984 01 25
C&J	McDonald, M.	SEM	155.0	Calgary, ALT CAN	1983 08 01
T	McDonald, M.	SEM	277.5	Calgary, ALT CAN	1983 08 01
94kg					
S	Herridge, D.	BRC	132	Lachute, QUE CAN	2010 01 23
C&J	McDonald, M.	SEM	165.0	White Rock, BRC CAN	1984 03 17
T	McDonald, M.	SEM	292.5	White Rock, BRC CAN	1984 03 17
105kg					
S	Loades, C.	SEM	140.0	Surrey, BRC CAN	2004 06 27
C&J	Loades, C.	SEM	165.0	Surrey, BRC CAN	2004 06 27
T	Loades, C.	SEM	305.0	Surrey, BRC CAN	2004 06 27

105+kg

S	Yee, G.	SEM	120	Sumner, WAS USA	2010 01 09
C&J	Yee, G.	SEM	161	Winfield, BRC CAN	2010 08 14
T	Yee, G.	SEM	278	Winfield, BRC CAN	2010 08 14